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Morning Kiss Organic sweet potatoes are ready for fall favorite dishes

October 10, 2023

[Morning Kiss Organic](#) is anticipating an excellent season for sweet potatoes, a healthy and versatile crowd favorite for favorite fall dishes. Several organic varieties are available, including Garnet sweet potatoes, which have a deep reddish-purple skin and offer mild sweet flavor with savory earthiness. This variety is great for frying, baking and casseroles.

This season's crop is sourced from multiple East Coast family farms, including Barnes Farming Farm Pak. Based in North Carolina, Farm Pak is committed to sustainability by practicing regenerative agriculture through practices of crop rotation, carbon sequestration and soil sampling.

"We are thrilled to work with a company whose values so closely align with ours," said Michael Guptill of Gold Bell. "Sweet potatoes are in high demand at this time of year as a versatile and delicious component of cold weather cooking — fried, mashed or added to salads. And consumers are increasingly aware of their health benefits — they contain fiber, antioxidants and vitamins."

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As with all of its offerings, Morning Kiss Organic employs just-in-time inventory management, reducing loss to product spoilage at retail, therefore protecting the retailer's bottom line.

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