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NMB gets carried away with mango recipes

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As the temps turn cooler, National Mango Board is helping to warm you back up with five hearty and delicious mango curry recipes that are the perfect getaway to a sunnier state of mind. Full of deep, satisfying flavor, curry plus mango is a winning cold weather combo!

[Get the full recipes here](#)



Mango Lentil Curry

[Mango Lentil Curry – Monday Comfort in a Bowl](#)

This flavorful, hearty and warming meal comes together so easily. Mango brings a bright, sweet and slightly tart dimension to elevate the dish. Jasmine rice rounds out this nutritious bowl of comfort.

[Thai Curry Meatballs with Spicy Mango – Tuesday Travel to the Tropics](#)

An easy weeknight recipe with tons of bold flavor with that spicy edge that Thai cuisine is known for. The red curry sauce is irresistibly creamy and dreamy over the turkey or chicken meatballs. It must be topped off a serving of mango sunshine, sweet, spicy, limey and so delicious.

[Mango Curry \(Keri Nu Shaak\) – Wednesday Warm, Snug and Spicy](#)



Mango Coconut Curry Soup

This traditional Gujarati dish is a whole new level of comfort that you didn't even know you needed in your life. Made with unripe mango, it's spicy, tangy, sweet, and saucy all at the same time. Enjoy this finger-licking curry either on its own or with roti or rice.

[Mango Coconut Curry Soup – Thursday Thaw Out Your Soul](#)

This is the soup your soul needs as you're counting down the hours until the weekend. Warming spices paired with chicken, potatoes, carrots and chunks of juicy mango, it's soup to make your belly happy and your heart warm and full.

[Mango Shrimp Curry with Mango Cauliflower Rice– Friday Curry Me Away](#)

South India's spice hero is supremely versatile, just like mango! You can sprinkle a little of the Gunpowder seasoning mix on any dish to bring an instant lift. The yellow curry sauce with pan seared shrimp comes together in a breeze and is super flavorful and nutritious when paired with a bright, lemony, mango cauliflower rice.

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