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Fun food art ideas for families

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Let's admit it, 2020 has been challenging... in so many ways. For busy parents, planning and creating healthy meals can seem like just one more thing to check off the list. Why not let the kids take control? CA Grown is sharing [fun food art ideas](#) and recipes that will keep the kiddos busy in the kitchen, being creative and crafting their own healthy treats. And with California Grown produce as the main ingredient, you won't have to worry if anyone sneaks a taste of the art supplies. In fact, you can encourage it!

If your little ones love playing with their food, you're in luck. Cooking together is a great way to carve out quality family time. It also happens to teach reading, math and art skills. Check out these delicious [kid-friendly main dishes and sides](#). They're easy to make and packed with produce-powered goodness. And don't forget about [dessert](#) the kids can make that too!

Article courtesy of [California Grown](#).

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